



Ignite Choice

where Intention meets Results

A Call to Parents, Teachers and friends of Children

by Barbra Gilman

Parent Educator – International Network for Children and Families (INCAF) and Director of Family education for HeartLight International

What if every child who came into the world was born with a personalised manual attached to their little toe? What if all new parents could take a series of vaccinations that inoculated them against repeating their parents' mistakes? What if all the people who cared for children, whether parents, grandparents, teachers or friends, were issued with a special device that enabled them to be clairvoyant, insuring they would never again misinterpret or mistreat a child for any reason? What if every child who was born grew up healthy, happy, peaceful and free? What kind of world would this be?

Well, there are no personalised toe tag manuals, clairvoyance devices or vaccinations to help us parent. There are no guarantees that any of us are even emotionally ready to become parents when we do. For the most part, we simply step into parenthood, hoping for the best. And to our credit, let me say that in my opinion, most of us strive to do our very best at all times and often against tremendous odds. It's just that too often, our best is simply not enough to prevent the unhealthy patterns we have inherited from being passed on to our children.

When most of us become parents, we assume that we will just know what to do or that doing what our parents have done will be enough for our children. But we do not "just know" how to parent and by repeating what our parents did when raising us is as likely to pass on damage to our children as it is to nurture their development into healthy whole and balanced persons.

What can we do? Educate ourselves, explore, grow as people and learn how to parent consciously!

If this is what you want, then the ***Conscious Parenting for a new paradigm course is for you!***

Phone: + 61 2 8230 1243
Email: info@ignitechoice.com.au
Web: www.ignitechoice.com.au

GPO Box 5028, Sydney NSW 2001, Australia